# **Resources for Healthcare Providers**



## **Businesses Violating the Public Health Order:**

To report a business violating the Public Health Order, visit the 2-1-1 website at <a href="https://211sandiego.org/publichealthorder">https://211sandiego.org/publichealthorder</a>. 2-1-1 can also assist with



### **Federal Assistance:**

The U.S. Senate passed legislation that includes additional coronavirus pandemic funding assistance for physicians, small businesses, and testing. Visit

https://www.cmadocs.org/newsroom/news/view/ArticleId/48845/Congress-approves-additional-billions-for-physician-practices for information about the impact to practices and how to receive assistance.

Blue Shield of California is providing funding in direct support to physician practices and other health care providers. Visit <a href="https://www.cmadocs.org/newsroom/news/view/ArticleId/48844/Physicians-can-apply-NOW-for-200-million-in-financial-support-from-Blue-Shield-of-CA">https://www.cmadocs.org/newsroom/news/view/ArticleId/48844/Physicians-can-apply-NOW-for-200-million-in-financial-support-from-Blue-Shield-of-CA</a> for additional information on how to apply.



## Homelessness & Housing:

If a person requires temporary lodging for isolation, call the provider line at 858-715-2350. The line is available between 7:00pm and 9:00pm,7-days a week.

Resources and information to assist those working with homeless and unsheltered individuals can be found at <a href="https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community\_epidemiology/dc/2019-nCoV/CommunitySectors/Homeless\_Service\_Providers.html">https://www.sandiegocounty.gov/content/sdc/hhsa/programs/phs/community\_epidemiology/dc/2019-nCoV/CommunitySectors/Homeless\_Service\_Providers.html</a>.

County of San Diego, Housing and Community Development Services has rental assistance programs. Visit <a href="https://www.sandiegocounty.gov/content/sdc/sdhcd/rental-assistance.html">https://www.sandiegocounty.gov/content/sdc/sdhcd/rental-assistance.html</a> for more information.

The Non-Congregate Sheltering for California Healthcare Workers Program provides hotel rooms to frontline healthcare workers who are exposed to or test positive for coronavirus. For more information on reserving a hotel room, call 877-454-8785. Be prepared to provide the following information: County of employment, Medical Facility of employment, Job Title.



## **Mental Health:**

The San Diego County Suicide Prevention Council has a one-pager of coronavirus resources. It can be viewed at <a href="http://www.sdchip.org/wp-content/uploads/2020/03/SPC-COVID-19-Resources-8.pdf">http://www.sdchip.org/wp-content/uploads/2020/03/SPC-COVID-19-Resources-8.pdf</a>.

The Center for Mindfulness is offering free Mindfulness Resources, including daily streams and recordings of mindfulness and compassion sessions, to provide resources and online support to those affected. Visit <a href="https://medschool.ucsd.edu/som/fmph/research/mindfulness/free-sessions/Pages/default.aspx">https://medschool.ucsd.edu/som/fmph/research/mindfulness/free-sessions/Pages/default.aspx</a> to explore the resources.

The Access & Crisis line is available 24/7 at 888-724-7240 for suicide prevention, crisis intervention, community resources, mental health referrals, and alcohol and drug support services.



#### **N95 Decontamination & Reuse:**

Organizations interested in N95 decontamination and reuse should call (833) 998-2381 to register for this service. The cost of shipments of N95 respirators to and from the decontamination site is funded by the State of California.









#### **PPE Donations**:

Donations of medical supplies, including PPE, can be arranged through Rady Children's Hospital Foundation at <a href="mailto:donateCOVID19@rchsd.org">donateCOVID19@rchsd.org</a> or by calling 800-258-0007.

#### PPE Shortages:

Concerns and issues about PPE shortages can be sent to MOC.LOGS.HHSA@sdcounty.ca.gov.



#### **Report Child Abuse:**

To report child abuse, call the Child Protective Services Abuse Hotline at 800-344-6000. The line is available 24/7.



#### **Self-Care:**

Live Well San Diego has plenty of tips and strategies about how to stay healthy in mind and body while staying at home. Visit <a href="www.livewellsd.org/content/livewell/home/live-well-every-day/LiveWellatHome.html">www.livewellsd.org/content/livewell/home/live-well-every-day/LiveWellatHome.html</a> to learn more.



#### Volunteer:

Medical and healthcare professionals can volunteer by registering at <a href="https://healthcarevolunteers.ca.gov/">https://healthcarevolunteers.ca.gov/</a>.

Persons interested in volunteering, regardless of profession or expertise, can register at <a href="https://www.justserve.org/sdcounty">www.justserve.org/sdcounty</a>.



## **Testing Healthcare Workers:**

Requests to have healthcare workers tested can be coordinated by calling 2-1-1. Press 1 to speak to the County Public Health Nurse Line. Physical health/medical, behavioral health, dental, and pharmacy workers are eligible.



#### **Transportation:**

Free transportation for residents with essential needs, such as seniors, those with disabilities, veterans, and students, can be accessed by visiting <a href="www.factscd.org">www.factscd.org</a> or call 888-924-3228.





## San Diego Coronavirus Information:

To view up-to-date information about coronavirus in San Diego County, visit <a href="https://www.sandiegocounty.gov/coronavirus.html">www.sandiegocounty.gov/coronavirus.html</a>.

For Health Professional specific information, visit www.sandiegocounty.gov/COVIDHealthProfessionals.

Text "COSD COVID-19" to 468-311 to receive daily text alert updates.



### **National and Global Coronavirus Information:**

For general national and global information about coronavirus, visit John Hopkins University at https://coronavirus.jhu.edu/map.html.





